

<b>Athletes must declare their intention to compete at least 60mins before the scheduled start time.</b>				
<b>Track Saturday</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Round</b>
1	10:00	100m Hurdles	U17 Men	Final
2	10:05	80m Hurdles	U15 Boys	Final
3	10:10	80m Hurdles	U17 Women	Final
4	10:15	75m Hurdles	U15 Girls	Final
5	10:20	75m Hurdles	U13 Boys	Final
6	10:25	70m Hurdles	U13 Girls	1
7	10:40	800m	U15 Girls	1
8	10:48	800m	U15 Boys	1
9	10:56	800m	U17 Women	1
10	11:04	800m	U17 Men	1
11	11:12	800m	Sen / U20 Women	Open
12	11:20	800m	Sen / U20 Men	Open
13	11:40	70m Hurdles	U13 Girls	Final
14	11:50	100m	U13 Girls	1
15	12:06	100m	U13 Boys	1
16	12:14	100m	U15 Girls	1
17	12:26	100m	U15 Boys	1
18	12:38	100m	U17 Women	1
19	12:46	100m	U17 Men	1
<b>LUNCH</b>				
20	13:30	400m	U17 Men	1
21	13:34	300m	U15 Boys	Final
22	13:38	300m	U17 Women	1
23	13:42	300m	U15 Girls	Final
24	13:46	100m	U13 Girls	Semi Final
25	13:54	100m	U13 Boys	Final
26	13:58	100m	U15 Girls	Final
27	14:02	100m	U15 Boys	Final
28	14:06	100m	U17 Women	Final
29	14:10	100m	U17 Men	Final
30	14:20	800m	U13 Girls	Timed Finals
31	14:30	800m	U13 Boys	Timed Finals
32	14:35	800m	U15 Girls	Final
33	14:40	800m	U15 Boys	Final
34	14:45	800m	U17 Women	Final
35	14:50	800m	U17 Men	Final
36	15:00	100m	U13 Girls	Final
37	15:05	400m	U17 Men	Final
38	15:10	300m	U17 Women	Final
<b>If heats are not required FINALS will go at HEAT time.</b>				
<b>Field Saturday</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Info</b>
39	10:00	Javelin	Sen / U20 Women	Open
40	10:00	Long Jump	Sen / U20 Men	Open
41	10:00	Shot Put	U13 Girls	
			U17 Men / U15 Boys	
			Sen / U20 Men / U18 Men	Open
42	11:30	High Jump	U17 Women	SH 1m22
			U17 Men	SH 1m37
43	11:30	Shot Put	Sen / U20 / U17 Women	Open
44	11:30	Long Jump	U13 Boys	
45	13:00	Shot Put	U13 / U15 Girls / U13 Boys	
46	13:00	Discus	Sen / U20 / U18 / U17 Men	
47	13:00	Long Jump	U17 Women	
48	14:30	Discus	Sen / U20 / U17 Women/ U15 Girls	Open
49	14:30	Long Jump	U15 Girls	
<b>District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts</b>				
<b>Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts</b>				

<b>Athletes must declare their intention to compete at least 60mins before the scheduled start time.</b>				
<b>Track Sunday</b>				
<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Round</b>
50	10:00	1500m SC	U17 Men East / North / West	Final
51	10:08	1500m SC	U17 Women East / North / West Senior Women	Final
52	10:25	300m Hurdles	U17 Women	Final
53	10:35	1500m	U15 Girls	1
54	10:53	1500m	U17 Men	1
55	11:07	1500m	U17 Women	1
56	11:21	200m	U13 Girls	1
57	11:29	200m	U15 Girls	1
58	11:37	200m	U15 Boys	1
59	11:45	200m	U17 Women	1
60	11:59	200m	U17 Men	1
<b>Lunch</b>				
61	12:45	3000m SC	Sen / U20 Men	Open
62	13:10	1500m	U13 Girls	Timed Finals
63	13:20	1500m	U13 Boys	Timed Finals
64	13:30	1500m	U15 Boys	Final
65	13:40	200m	U13 Girls	Final
66	13:45	200m	U13 Boys	Final
67	13:50	200m	U15 Girls	Final
68	13:55	200m	U15 Boys	Final
69	14:00	200m	U17 Women	Final
70	14:05	200m	U17 Men	Final
71	14:15	1500m	U15 Girls	Final
72	14:25	1500m	U17 Men	Final
73	14:35	1500m	U17 Women	Final
74	14:45	1500m	Sen / U20 Women	Open
75	14:55	1500m	Sen / U20 Men	Open
<b>If heats are not required FINALS will go at HEAT time.</b>				
<b>Field Sunday</b>				
		<b>Event</b>	<b>Age Group</b>	<b>Info</b>
76	10:00	Hammer	U15 Girls / Boys	Open
			Sen / U20 / U18 Men Sen / U20 Women	
77	10:00	Long Jump	U17 Men / U15 Boys	
78	11:30	High Jump	U15 Girls / Boys	SH 1m16
79	12:30	Javelin	U17 Men / U15 / U13 Boys	
80	12:30	Triple Jump	All Ages U15-U17	7m/9m
81	13:30	Javelin	U17 Women / U15 / U13 Girls	
82	13:30	High Jump	U13 Boys / Girls	SH 1m01
<p><b>District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts</b></p> <p><b>Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts</b></p>				